

RUN FOR EDUCATION

SATURDAY, MARCH 7, 2009

The Simon Estes Educational Foundation, Inc., a local non-profit organization, is excited to host a 5k Run and Fun Run in our very own Historic Greenwood District.

Location

The race will be held in the Historic Greenwood District, located at the corner of Greenwood Avenue and Archer Street.

Start Times

1 Mile Fun Run (not timed) 7:45 a.m.
5 km Run (Chip timed) 8:15 a.m.

Post-Race Details

A complimentary T-shirt will be provided to registered participants. Post-race refreshments will be provided to participants and spectators. Awards in the 5 km race to overall male and female winners and standard age groups winners (first 3 finishers).



Race Registration

5k Run:
\$20 Pre-registration*
\$25 Race Day Registration

1 Mile Fun Run:
\$10 Pre-registration*
\$15 Race Day Registration

* Pre-register online at www.seef.org by 3/5/09 or mail-in by 3/2/09

Questions

Contact The Simon Estes Educational Foundation by calling (918) 583-0500. Entries can be mailed to the office: 100 North Greenwood Ave, Tulsa, OK 74120. Or Faxed (918) 583-0521


Saturday, March 7, 2009

Please PRINT Entry Information Below:

Event (check one) 5 km Run 1 Mile Fun Run

Name _____ Age on Race Day _____ Sex _____ DOB _____

Address _____ City _____ State _____ Zip _____

 CHAMPIONCHIP® # (if you own your own Chip) _____ T-shirt Size _____

Email Address _____ Phone _____



Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although police protection will be provided, there will be a possibility of traffic on the course. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity and the conditions of the roads, all risks being known and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. I am also fully aware that baby strollers and wheels of any kind (except competitive wheelchairs), animals, and head phones are strictly prohibited and I agree not to have them on the course. Furthermore, I agree not to go back into the course after finishing. Knowing these facts and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police including any and all of their agents, employees, assigns, or anyone acting for or on their behalf from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participating in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants permission to sponsors and/or agents authorized by them to use any photos, video tapes, motion pictures, or any other record of this event for any purpose. **Minors accepted only with parent or guardian's signature.** No refunds. No makeup rain date. Lost ChampionChip will be charged to participant. Shirt size not guaranteed.

Signed _____ Date: _____

Waiver must be signed to participate.

I would like to support SEEF with an additional **tax-deductible donation** in the amount of \$ _____

My company offers a matching program. Company: _____